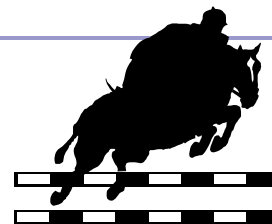


# HVPC



## *Homemade Fly Spray Recipes to Try*



**Recipe from Mary Brennan, DVM, author of *Complete Holistic Care and Healing for Horses: The Owner's Veterinary Guide to Alternative Methods and Remedies***

1/2 teaspoon oil of myrrh

2 cups water

1/2 cup cider vinegar

1/4 teaspoon of citronella oil



### **U.S. Forest Service Bug Spray Recipe**

1 cup water

1 cup Avon Skin So Soft Bath Oil

2 cups vinegar

1 tbs. Eucalyptus oil (found in health food stores)

Optional: few tablespoons of citronella oil.

Shake spray bottle well before spraying on horse, human or dog!

**Recipe from the *Dressage Today* staff  
(Many of the ingredients can be found at natural food stores.)**

**2 cups apple cider vinegar**

**2 cups cold (prepared) tea, such as sage or chamomile tea**

**20 drops eucalyptus oil**

**20 drops citronella oil**

**10 drops lavender oil**

**10 drops tea tree oil**

**10 drops cedar oil**

**20 drops emulsifier, such as polysorbate 20**

